

INTERNATIONAL SPORTS CENTER

484 West Soledad Avenue, Hagatna, Guam 96910 1-671-477-9885

October 05, 2020

TO: Guam Public Health and Social Service

Attention: **Mr. Thomas Nadeau**, Chief Environmental Public Health Officer

COVID-19 Facility Mitigation Plan for International Sports Center

As per Executive Order No. 2020-36, relative to GYMS, FITNESS CENTERS AND DANCE STUDIOS are permitted to resume indoor operations, at no greater than twenty-five percent (25%) occupancy load, subject to applicable DPHSS guidance. Each facility must submit mitigation plans to DPHSS and observe all mitigation measures imposed in applicable DPHSS guidance. Such businesses are encouraged to hold fitness classes outdoors to the greatest extent possible. Outdoor fitness classes may operate at up to maximum capacity, subject to DPHSS guidance.

ISC Guam intends to resume Fitness services with the following set of guidelines, precautions, and reopening plan.

- International Sports Center will resume operations at no greater 25% of occupancy load.
- International Sports Center will observe all mitigation measures imposed in applicable DPHSS guidance.

Modified Operation Hours

Monday-Friday: 6am-2pm and 4pm-8pm

(Closed 2pm-4pm for general sanitizing)

Saturday: 7am-2pm

Sunday: Closed for Deep Cleaning and Sanitization.

- **Face Masks Required.**

Anyone entering the building will be required to wear a facemask.

- **Temperature Check.**

Everyone entering ISC will be required to have his or her temperature checked.

- **Sanitize.**

Everyone entering ISC will be required to sanitize his or her hands.

- **Sign In.**

A list of member's names, date and time they attended will be kept in a confidential record for contact tracing use if needed.

What we're asking our members to do while at ISC:

- **Be respectful towards one another.**

We encourage our members to be supportive of the current state of our island and to respect the guidelines that have been put in place by our Government for us to follow. We intend to create a healthy atmosphere of encouragement and hope.

- **Face Mask is a required.**

Mask will be available for use to both ISC staff and members who may forget to bring their own. Individuals are welcome to personally take whatever other precautions they feel most comfortable with.

- **Maintaining social or physical distancing of six feet.**

Members are to keep a safe distance of at least 6 feet between with other ISC members, friends and guests when in the facility, on the building grounds and parking lot.

The Centers for Disease Control and Prevention (CDC) defines social

distancing, or “physical distancing” as keeping space between yourself and other people outside of your home. The CDC defines “keeping space” as staying at least six (6) feet from other people.

- **Maintain good hygiene.**

Sanitize your hands at our available sanitation stations throughout the gym or by washing your hands in our restrooms. We encourage that you bring and use your own sanitizers and wipes, but we will have hand sanitizer, wipes, antibacterial soap, and other similar disinfectants readily available.

- **If you are at risk.**

If you have a compromised immune system, feel sick, are showing signs of respiratory illness,

Or have a fever of 100.4 (CDC considers a person to have a fever when he or she has a measured temperature of at least 100.4 degrees Fahrenheit),

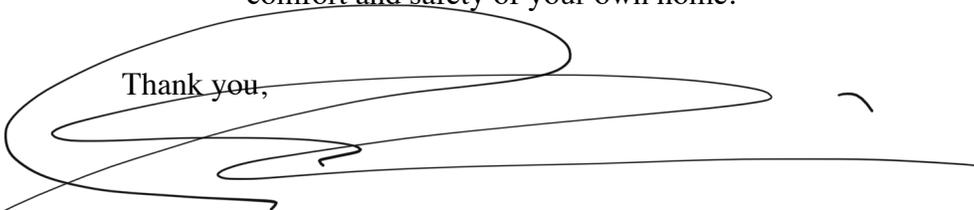
Or have been around or are living with anyone that’s been sick,

Or if you are elderly, or with other existing illnesses that put you at greater risk,

Or if you have either traveled from a Coronavirus high risk area, or have come into contact with COVID-19 in the past 2 weeks,

Then the government of Guam, CDC, GPHSS and we at ISC strongly encourage you to NOT attend the gym. Please stay home, but consider working out from the comfort and safety of your own home.

Thank you,



Jason JD Iriarte

Managing Partner, International Sports Center

Direct Line: 1-671-777-5334